# Curative Reading Fall Series – 2021 The All-Night Sun, By Diane Zinna Week One Questions (Forward, Chapters 1-2)

Special Note For Answering Week One Questions: The purpose of Curative Reading is to provide support to anyone seeking to move through challenging change and transition with the inspiration of good literary fiction and lessons from nature, science and spirituality to heal. One of the most effective ways to experience the benefits is to read slowly and closely, paying attention to the small details that stand out to YOU in the story. Make notes in the margins and underline any sentences you find meaningful. These questions are meant to sharpen your recall and bring you into a curative relationship with the story to enhance your health and wellbeing. Your answers do not have to be shared with the group and can remains just for you.

### **Question One**

The next eight weeks are meant to inspire you to think about life in new and curative ways and show you just how connected your own personal health and wellbeing is to others and the natural world. Do you have a vision for your health and wellbeing over the next eight weeks? If so, write a line or two about what that is.

#### Introduction

Write a few facts that stand out to you from reading the first paragraph of the book about our protagonist who is telling us the story. What have you gotten to know about them in this first impression?

Locate Sweden in north Europe on a world map and then find Olofstorp in the west of Sweden and the island of Oland. Visualize these locations in your mind's eye taking into consideration all of the beautiful descriptions you read.

Pg.	1 "What col	ors do you se	e when you	think of home?"	Answer this c	question for y	ourself.

Why does Siri pray a lot? Do you have a ritual that makes you feel close to someone you have loved who has died? If so, write a line or two about that.

## Chapter 1

Lauren teaches English composition in the international program at Stella Maris College. She tells us "it was the first job (she) ever loved." What was the first job you ever loved? Write a line or two about why you loved that work.

Pg. 15 Lauren tells us how good Siri is at making connections with the other students, "the whole classroom tipping in her direction" when they arrived at class. Have you known someone like this in your life? If so, write a line or two about them.

Siri uses the word ensam for "lonely" over and over again, and then she tells Lauren "ensam was the loss of her mother." Describe something that has been ensam in your own life.

# Chapter 2

Pg. 23 We learn that Lauren's students read her assignments "through the prisms of being young, bold, and afraid." If you had a prism to read this story through what three words would you choose to describe it?

Curative Reading: Imagine A New Story with Endless Possibilities

What does Lauren feel the faculty at the college are lacking in? What is she not getting from them?
Describe a few things that stand out to you in your mind's eye about the life Lauren lives at home.
Lauren tell Siri about "the strangest thing" that happened to her at the end of the chapter. What did it mean to you? How did you make sense of it?
Write down one line that sparkled and stood out to you from this week's reading then write a line or two about why you chose that line.